

ADHD Webpage

At The Howard, students with Attention Deficit Hyperactivity Disorder (ADHD) bring different strengths and ways of thinking to school, and we aim to support them in working effectively within a secondary setting. ADHD is a neurodevelopmental condition that can impact learning in an academic environment, and we recognise that this can present challenges. It may include difficulties sustaining focus, following key instructions, managing impulse control, staying organised, or completing tasks, even when students are academically capable.

What does support look like at The Howard?

We use clear, consistent structures to support students, including predictable routines, step-by-step instructions, prompts, chunked tasks, supportive seating, regular check-ins, and movement breaks where appropriate. We work closely with families and primary schools to ensure support is in place from the start and adapt provision promptly if needs are identified later, including reviewing plans and strategies with parents/carers.

For students with the highest levels of need, a SEN keyworker may be allocated to provide consistent, individualised support. Progress is regularly monitored, with practical adjustments made to support focus, organisation, independence, and wellbeing, ensuring students are prepared for their next stage of education.

Is an assessment essential for support? How can I access an assessment for my child?

A formal ADHD diagnosis is not required for support to be implemented at school. If you are considering an assessment, we advise that you ask for NHS Right to Choose pathway, which families can access through their GP. Our aim is to help families make informed decisions about the most appropriate support for their child.

Further Information

Further information on ADHD can be found on the following websites, links below:

ADHD UK - <https://adhduk.co.uk/about-adhd/>

MINDWORKS - <https://www.mindworks-surrey.org/our-services/neurodevelopmental-services>